

Oregano

Origanum vulgare · Mint family

DIFFICULTY Easy
TYPE Herbaceous perennial
MATURITY Usable from 8 weeks



SUN
Full sun



WATER
Low–moderate



SOIL PH
6.0–8.0



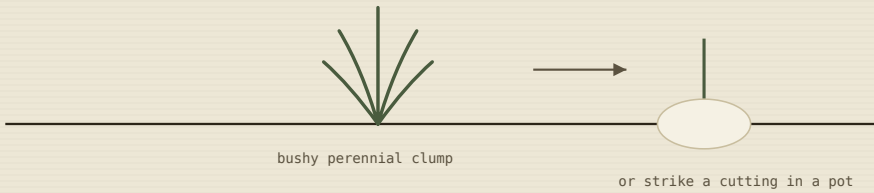
SPACING
30–40cm



DEPTH
as per pot

01 Spreads readily

Oregano forms a spreading mat and can be divided every couple of years to make new plants or fill more garden space, much like mint but far less invasive.



02 Planting

METHOD	Plant from a nursery pot, or divide an established clump.
SOIL	Free-draining, tolerates poor soil.
TIMING	Plant in spring or autumn.

04 Problems

- **Root rot** — from overwatering; let it dry between waterings.
- **Powdery mildew** — crowded, humid conditions; space well.
- **Spreading beyond bounds** — divide and contain if needed.
- **Few other issues** — a hardy, easy herb.

03 Growing care

- Water sparingly once established.
- Trim back after flowering to keep growth fresh.
- Divide clumps every 2–3 years to renew vigour.
- Harvest regularly — this encourages bushier growth.

05 Harvest & storage

SIGNS	Usable year-round once established; flavour is strongest before flowering.
METHOD	Snip stems as needed.
CURING	Air-dry hanging in small bunches.
STORAGE	Fresh in the fridge a week or so; dried, airtight for a year or more.

06 Companions & rotation

PLANT NEARBY	AVOID NEARBY	ROTATION NOTE
Tomato Capsicum Cabbage	None major	Not applicable — long-lived perennial.